



## *High Country Knitwear Tips & Tricks* by Pat Feeley

### *Information on choosing a size, and altering to fit, for sweater patterns:*

When choosing a size from a commercial pattern, measure first.

The size you chose should be the measurement of your bra **band** measurement + 2"/5 cm + the ease the pattern calls for. If you have a bra cup size **larger** than B, prepare alter the bust area with short-row shaping (about a vertical inch per cup size above B) to obtain a proper fit.

Measuring: <http://fitcentral.blogspot.com/>

Jenna Wilson for Knitty.com—all on fitting

Thinking Beyond the Pattern: Knit Smarter, Not Faster.  
<http://www.knitty.com/issuespring04/FEATspr04TBP.html>

But will it fit...?

<http://www.knitty.com/ISSUESpring05/FEATspr05TBP.html>

First amendments: altering length in a knitting pattern  
<http://knitty.com/ISSUESpring06/FEATspr06TBP.html>

First amendments continued: altering length in a knitting pattern  
<http://www.knitty.com/ISSUEfall06/FEATfall06TBP.html>

The second dimension: adjusting knitting patterns for width  
<http://www.knitty.com/ISSUESummer07/FEATsum07TBP.html>

Ravellings on the knitted sleeve -- Part I  
<http://www.knitty.com/ISSUEfall04/FEATfall04TBP.html>

Ravellings on the knitted sleeve  
Part II - Creating a set-in sleeve for a sleeveless body  
<http://knitty.com/ISSUEwinter04/FEATwin04TBP.html>

Ravellings on the knitted sleeve

Part III - Set-in sleeves by the numbers

<http://www.knitty.com/ISSUEwinter05/FEATwin05TBP.html>

Bonnie Marie Burns

On short-row shaping for the bust

<http://www.knitty.com/ISSUEsummer03/FEATbonnetric.html>

Resources for larger knitters:

<http://www.ample-knitters.com/resources.html>

This includes a recommendation of Amy Singer's and Jillian Moreno's Big Girl Knits, which is frank and accurate.